

PRODUCT CATALOGUE

DISCOVER THE TRUE NATURE OF
GREEK QUALITY FOOD PRODUCTS



f/z
εf z'ín
"εῦ ζῆν"



WHO WE ARE

Ευ Ζην means

Living the Good Life

and this is our goal.

Ef Zin Greece was founded in 2012 in Athens by a group of people who know the essence of the Mediterranean diet and decided to transport it around the world.

We want to offer to the table and the business of everyone, the purest products that come from the Greek land.

The highest quality Greek Products are collected and gathered from every corner of Greece with the assurance of the best quality standards, so that we can now offer over 1,000 different products even across the globe.

The Greek company Ef Zin cooperates directly with the Greek producers and factories, obtaining all the necessary certifications, in order to deliver its products on time.



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CHEESE



FETA

Feta in Metal Tin 13kg -15kg
Feta Aged in Barrel 12kg
Feta Pre Sliced in Plastic Tray 8kg
Feta 12 Month Aged in Vacuum 3kg

Sfella PDO Messinia - Lakonia 8kg

Mastelo Chios from Goat 360g
Mastelo Chios from Cow 360g
Mastelo Chios Smoked 360g

Haloumi 750g

Talagani 700g

Ladotiri PDO Mytelene 1,2kg



Kopanisti PDO Syros 250g & 2kg

Pichtogalo PDO Chania Crete 1Kg

Xinomizithra PDO Crete 350g

Katiki Domokou 2.5kg

Manouri 2kg



GRUYERE

Gruyere PDO Crete Smoked 300g
Gruyere PDO Crete 9kg

Gruyere PDO Syros "Fragosyriani" 4,5kg
6month maturity (1/2)

Gruyere with Chili (1/4)
Gruyere with Peppers (1/4)
Gruyere with Truffle (1/4)

San Mihali PDO Syros 9kg (1/2)

Arseniko PDO Naxos 3kg

Pekorino Amfilohia 3kg

Kaseri PDO Mytelene 7kg

Kefalotiri 9kg



Volaki Soft PDO Andros 250g

Bournias (Kopanisti) PDO Andros 250g

COLD CUTS & SAUSAGES



Syglino Mani

Apaki Crete



Beef Kavourmas

Beef Pastrami

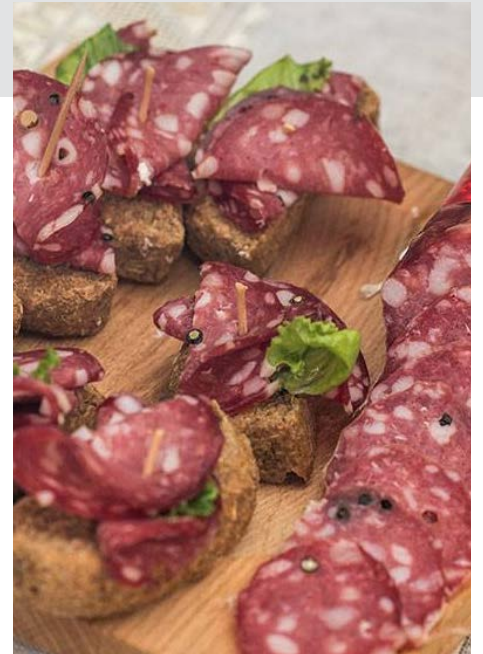
Pichti



Provatina (Large Sheep)
Smoked



Soutzouki



Salami Type Lefkada



"Pasto" Sausage with Orange
from Kalamata



Sausage with Orange
from Peloponnese



Sausage with Leeks
from Thessalia



Sausage with Red Sweet
Peppers from Macedonia



Sausage with Fennel
from the Aegean island



Sausage Tsoumagia

MARINATED SEAFOOD & FISH



Gavros Marinated 180g & 2kg
Anchovy Fillet Marinated 180g & 2kg
Anchovy Whole in Salt 5,5kg
Sardines Fillet Marinated 180g & 2kg
Sardines Whole in Salt 5kg
Mackerel Fillet Smoked 2kg
Tsirosalata 2kg
Tonolakerda 2kg



FROZEN

Seabass Head on Guttred Scaled 400-600gr
Seabream Head on Guttred Scaled 200-300gr
Blue Shark Steaks Skinless 12/20kg
Sardine Whole Round IQF FA037
Anchovy IQF FA037



Octopus IQF Flowered Greek
Octopus Tentacles Large IQF
Shrimps Peeled Large 500g
Squid Tubes Head on Cleaned 400/600
Squid Rings in Bag 1kg S
Cuttlefish Whole Cleaned U1



Shrimps Marinated 2kg
Squid Broad Tail Short Fin 2kg



Octopus Tentacle Sliced in
Vinegar 180g & 2kg



Mussels Smoked 2kg



White Taramas 100% 2kg
Red Taramopoltos 10%
Cod Egg 3kg



Grey Mullet Bottarga per kg
Grey Mullet Bottarga Grated
75g



Caviar Beluga Caspian 30g

OLIVE OIL & VINEGAR



Extra Virgin Olive Oil in Tinplate 5lt

Extra Virgin Olive Oil in Green Bottle 750ml, 500ml & 250ml

Extra Virgin Olive Oil in Transparent Bottle 50ml

PREMIUM

Premium Extra virgin Olive Oil
in Glass Bottle 50ml & 250ml

Wooden Package with
Premium Extra virgin Olive Oil
in Glass Bottle 250ml



Baslamic Cream Black 500ml

Balsamic Cream White 500ml

Balsamic Cream with Fig 250ml

Balsamic Cream with Pomegranate 250ml

Grape Syrup 500ml

Red Vinegar 6° in Glass Bottle 50ml

Red Vinegar in Pet 6° 5lt

White Vinegar in Pet 6° 5lt

Apple Vinegar in Pet 6° 5lt

Balsamic Vinegar Black in Pet 6° 5lt

Balsamic Vinegar White in Pet 6° 5lt

Lemon Juice 70% in Pet 5lt

TABLE OLIVES



Variety/ Type	Kalamata	Green	Chalkidikis	Amfissis
Whole	Barrel 13kg PET 2kg	Barrel 13kg PET 2kg	Barrel 13kg PET 2kg	Barrel 13kg PET 2kg
Pitted	Barrel 10kg PET 2kg	Barrel 10kg PET 2kg	Barrel 10kg PET 2kg	Barrel 10kg PET 2kg
Sliced	Barrel 10kg PET 2kg	Barrel 10kg PET 2kg	Barrel 10kg PET 2kg	Barrel 10kg PET 2kg

Variety Nafplion Whole Barrel 13kg



Olive Paste Kalamata Variety 1kg
Olive Paste Kalamata Variety
with Oregano 190g

Olive Paste Chalkidikis Variety 1kg
Olive Paste Chalkidikis Variety
with Basil 190g



Green Olives
Stuffed with Almond
200gr Vacuum & 12kg Barrel

Green Olives
Stuffed with Red Peppers
200gr Vacuum & 12kg Barrel

Green Olives
Stuffed with Garlic
200gr Vacuum & 12kg Barrel



Black Olives Kalamata Variety

The Kalamata olive is a large, dark purple olive with a smooth, meaty texture named after the city of Kalamata in the southern Peloponnese, Greece. They are a part of the human diet since their earliest cultivation probably over five thousand years ago, since Ancient Greek times.

Green Olives Queen Variety

Rich, bold and silky smooth, the Queen Olive is the flamboyant member of the olive family. It's larger than most olives and boasts a wider taste profile. Its unique processing produces an olive with a slightly drier texture and a nutty, spicy flavor, that is grown all over Peloponnese.

Green Olives Chalkidikis Variety

This famous Greek olive is plump with a meaty bite and tremendous fruity, briny, buttery and pleasantly sour flavor. This beloved olive shares its birthplace with famous philosopher, Aristotle. The Chalkidiki is grown and harvested on the Chalkidiki Peninsula of Northern Greece.

Black Olives Amfissis Variety

The olives from Amfissa are amongst the most widespread table olives in Greece. Amfissis olives are cultivated almost exclusively in Central Greece. Unlike olives that shrivel up after curing, these are fully mature olives that are not picked, they ripen and shrivel on the tree.

Green Olives Nafplion Variety

Produced mainly in the area of Nafplion, they are small green olives and have a salty and slightly spicy taste. They mature within each other and have a slit to allow herbs to penetrate.

BRINE PRODUCTS



Sundried Tomato 320g & 2,5kg

Smoked Florina Pepper
470g & 4,2kg

Green Spicy Pepper Makedoniko
340g & 5kg

Green & Red Chili Peppers 340g

Pickled Mixed Vegetables 5kg

Pickled Sliced Beetroots 4,3kg

Roasted Eggplant Puree 4,2kg

Vineleaves 1kg & 3,8kg



Caper 360g & 5kg
Caper Apple 1kg
Caper Leaves 1kg

Baby Gherkins 330g & 5,2kg
Gherkins 6-9 4.3kg

Rock Samphire 330g
Rock Samphire 3kg



SENSATIONS LINE



Infused Olive Oil with flavors

Rosemary
Basil
Orange
Chili
Chocolate
Black Truffle
250g



Kalamata Black Olives with Extra Virgin Olive Oil
Green Olives with thyme and basil
Green Olives with paprika and oregano
Mixed Olives with chili and oregano
Green Olives with lemon, oregano and garlic
Roasted olives
200g

PASTA, RUSKS & CAROB



Sweet Frumenty
Sour Frumenty
Kritharaki with Turmeric
Hilopites
500g



Olive Oil Rusk 400g

Barley Ntakos 600g

Barley Cup Small 40g

Barley Cup Big 140g



The carob tree, or *Ceratonia siliqua*, has fruit that looks like a dark brown pea pod, which carries pulp and seeds. Carob is a sweet and healthy substitute for chocolate. Using it for health benefits goes back 4,000 years to ancient Greece.

Each carob tree is a single sex, so it takes a male and female tree to produce carob pods. A single male tree can pollinate up to 20 female trees. After six or seven years, a carob tree is able to produce pods.

Carob syrup may taste like a dessert, but it is actually an extremely nutritious product that can be enjoyed in place of honey and other sweeteners.

Carob Marmalade 55% fruits has a dense texture, suitable for spreading on top of every bread, toast or base you like. It can also be used in desserts such as tarts, pies or cakes



Carob Syrup 250g
Carob Rusk Bites 300g
Carob Marmalade 230g

LEGUMES



Split Peas 500g & 25kg



Chick Peas 500g & 25kg



Black Eyed Peas 500g & 25kg



Small & Big Lentils 500g & 25kg



Broad Beans 500g & 25kg



Medium, Big, Giant Beans
500g & 25kg



Elephant Beans 500g & 25kg

READY MEALS



Pastitsio 2,5kg /8 portions
Traditional Greek food with pasta, minced meat in red sauce and bechamel



Mousaka 2,5kg/8 portions
Traditional Greek food with potatoes, eggplant, minced meat in red sauce and bechamel



Lahanodolmades 4,5kg /30 items
Traditional Greek food of stuffed gabbace with rice & minced meat egg-lemon red sauce



Soutzoukakia with Rice 1,8kg & 1,5kg/24 items
Traditional Greek food of beef meatballs in red sauce and rice



Papoutsakia Eggplants 3,6kg/8 portions
Traditional Greek food of stuffed eggplants with minced meat in red sauce



Imam Eggplants 3,6kg/8 portions
Traditional Greek food of stuffed eggplants red onions in red sauce

FROZEN



GREEK PITA FOR SOUVLAKI

Pita for Souvlaki 15 - 21cm
Pita Corn for Souvlaki 18cm
Pita Whole Grain for Souvlaki 18cm
Pita Volcano Black for Souvlaki 18cm
Pita Carob for Souvlaki 18cm



GREEK PASTRY

Fillo Sfoliata 1kg
Fillo Baklava 1kg
Fillo Sfoliata 8,5kg



GREEK TRADITIONAL PASTA

Ravioli 7cm x 8cm stuffed with
anthotiro & spinach 500g

Ravioli 7cm x 8cm stuffed with
sundried tomato & manouri 500g

Ravioli 7cm x 8cm stuffed with
feta & red florina pepers 500g

Ravioli 7cm x 8cm Stuffed with
apaki & Cretan Gruyere 500g

Ravioli 7cm x 8cm stuffed with
anthotiro & Truffle Mousse 500g



ICE CREAM

Vanilla with Stevia 2,5kg
Chocolate with Stevia 2,5kg
Pistaccio Lactose Free 2,5kg
Hazelnut Lactose Free 2,5kg

HONEY, HALVAS & TAHINI



Honey 250g
Thyme, Heather, Blossom, Forest, Fir, Arbutus, Chestnut



Blossom Honey
5kg Tinplate

Thyme Honey
5kg Tinplate

Honey Syrup (10% Honey)
5kg Plastic Tupper



Halvas with Vanilla
Halvas with Almonds
Halvas with Cocoa
2,5kg Plastic Tupper

The tahini with which sesame halva is prepared is a food of exceptional nutritional value, with good biological value protein, beneficial fatty acids and minerals and trace elements necessary for the good health and balance of the body.



Tahini
1kg Plastic Tupper



Whole Grain Tahini
1kg Plastic Tupper



Peanut Butter
1kg Plastic Tupper



Hazelnut Praline with Cocoa
1kg Plastic Tupper

MARMALADE & SPOON SWEETS



These marmalades have no added sugar but still maintain the sweetness from the grape syrup. Our marmalades are completely natural directly from Greek Fruits.

Marmalade 100% Fruit 230g
Strawberry, Orange, Cherry, Peach, Apricot, Apple, Kiwi



Marmalade 55% Fruit 230g
Carob, Melon, Olive, Prickly Pear, Carrot, Fig, Watermelon, Pomegranate



Marmalades 85% Fruit 5kg

Olive
Tomato
Fig
Strawberry
Orange
Cherry
Peach
Apricot
Apple
Kiwi



SPOON SWEETS



Orange 250g & 5kg
Bitter Orange 250g & 5kg
Cherry 250g & 5kg
Sour Cherry 250g & 5kg
Fig 250g & 5kg
Bergamot 250g & 5kg
Rose Petals 250g & 5kg
Quince 250g & 5kg
Chestnut 250g



HERBS, SALT & SPICES



Basil 500g
 Oregano Bunch 30g
 Oregano Grated 500g
 Thyme 500g
 Lavender 500g
 Echinacia 500g
 Verbena 100g
 Laurel 100g
 Spearmint 500g
 Savory 100g
 Nettle 500g
 Marjoram 500g
 St john's worth 500g
 Sage 100g
 Mountain Tea 100g
 Mountain Tea with mint 100g
 Chamomile 100g
 Hyssop 100g
 Tilio 100g

Star Anise 100g
 Paprika Crushed (Bukovo) 500g
 Paprika Sweet Powder 500g
 Crocus Kozanis 5g
 Green Kardamus 100g
 Turmeric 500g
 Mastiha 100g
 Mahlepi 100g



Fleur de Sel Mesologi 500g
 Thin, Medium, Thick Salt
 from Mesologi 25kg
 Smoked Salt Cyprus 100g



Greek Salad
50g & 500g

Tzatziki

Greek Meat

Greek Chicken

Greek Fish



ALCOHOL & NUTS

White Wine Savatiano 750ml bottle & 10lt Flaks

This breezy Mediterranean white wine has an intense freshness but a very wide aromatic spectrum. A long aftertaste with peppery acidity is sure surprising by any sip, accompanies light cheese, white meat and fish or seafood.

Rose Wine Moschato 750ml bottle & 10lt Flaks

The Moscato variety gives here its wonderful floral aromas that are more reminiscent of a rose. In the mouth it has a subtle sweetness and can accompany fruits and generally light desserts with cream and fruit.

Red Wine Agiorgitiko/Merlot 750ml bottle & 10lt Flaks

Blend of Agiorgitiko and Merlot with dark ruby color and very rich aromatic and tasty character. Its main aromatic characteristics are dark wood and sweet cherry which can accompany red meat plates, rich cheese, game and thick red sauces.

Red Wine Semisweet 10lt Flask

Swirling black fruit and cherries mingle with bright red semisweet wine. You can enjoy it along with rich barbeques, sizzling pizzas or even a chocolate dessert.



GREEK SPIRITS

Tsipouro 41% 50ml & 200ml

Ouzo 37% 50ml, 200ml & 2lt



NUTS

Pistachio Aegina Type Whole Raw 1kg

Pistachio Aegina Type Whole Roasted & Salted 1kg

Pistachio Aegina Type Whole Raw (No shell) 1kg

Almonds (Firania) Raw 1kg

Almonds (Firania) Roasted & Salted 1kg

Dried Fig 1kg

Raisins Blonde 1kg

Raisins Black 1kg

Walnuts Raw ¼ & 1/2 1kg

Peanuts Roasted & Salted 1kg

Almond Powder 1kg

Almond Sliced 1kg

Almond White 1kg

Sunflower Seed Raw 1kg

Sunflower Seed with Shell Roasted & Salted 1kg

Pumpkin Seed Raw 1kg

Pumpkin Seed with Shell Roasted & Salted 1kg

Hazelnut Roasted 1kg

PORTIONS & PRIVATE LABEL



PRIVATE LABEL

You can choose any product you want from the wide variety of high quality product we have and offer your customers a unique final products that will bear your corporate identity with a private label.

We can create for you the most elegant gift box with products from our wide collection, made of wood and with a special pyrographic application of your own logo engraved on premium wood.

INDIVIDUAL PORTIONS

Marmalade glass jar 30g
 Strawberry, Peach, Cherry, Apricot, Orange
 Honey glass jar 30g
 Hazelnut Praline with Cocoa glass jar 30g
 Tahhini glass jar 25g
 Peanut Butter glass jar 25g

Extra Virgin Olive Oil glass vase 50ml
 Vinegar glass vase 50ml



ORGANIC



According to the Organic Certification Directory 2008 (a special edition of the Organic Standard), we are certified by BIOHELLAS which is among the top ten of Inspection and Certification Bodies worldwide according to EU Regulation 834/2007, with integrity and credibility in the field of organic products aiming to the protection of the consumer and the environment as well as to the improvement of foods.



Olive Oil & Table Olives



Herbs



Honey



Brine Products



Pasta



Legumes

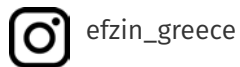
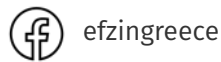
Why cooperate with Ef Zin Greece

What makes us special as a company is the professionalism and flexibility to cover the needs of our customers.

We can:

- | Deliver either small or large quantities in over 1,000 different products.
- | Offer many sizes of packaging for our product categories
- | Deliver EX WORK, FOB, CIF or DDP.
- | Design and deliver private label products

Join Us



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