



εf z'ín  
"Εϋ ζήν"



Shipping Catalogue

best quality food products

# About Ef Zin



Ef Zin means living the good life **and this is our goal.**

Ef Zin Greek Products Company was founded in 2012, in Athens by a group of people who are passionate about Mediterranean food and want to be able to send it around the world.

We want to offer upon everyone's meal even if that means aboard a ship, the best quality products that they can find.

All of our products are collected carefully and packed with all approved methods and certifications of food health & hygiene. We can be proud that we can offer over 1.000 different products around the Globe.

Ef Zin Greek Company is directly cooperating directly with producers and factories in order to deliver on time.

## Why cooperate with Ef Zin Greek Company?

What make us unique as a company is the professionalism and flexibility to cover the needs of our clients.

We can:

Deliver either in small or big quantities for over 1.000 different products.

Deliver in many different packaging sizes for all our product categories.

Deliver EX WORK, FOB, CIF or DDP.

Design and deliver Private Label products.



## Certifications

ISO 22000:2018 is an internationally recognised standard for food safety management and HACCP for the assurance of food safety at all levels.

The standard maps out how an organisation can demonstrate its ability to control safety hazards to ensure that food is safe.



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to be kept in a  
cool and shady  
place



to be kept  
refrigerated



to be kept  
frozen

# Oil & Vinegar



**Extra Virgin Olive Oil**  
**Classic Olive Oil**  
**Pomace Oil**



**Frying Oil**  
**Salad Oil** (flexible to mix combinations  
such as 80% sunflower/20% pomace oil)

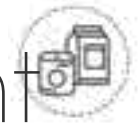


**Sunflower Oil**



**Corn Oil**

# Canned & Condiment



## **OLIVES**

### **Olives Black**

Whole, Pitted, Sliced & Paste

### **Olives Green**

Whole, Pitted, Sliced & Paste



## **VINEGAR & LEMON**

### **Red Vinegar**

### **White Vinegar**

### **Balsamic Vinegar**

### **White Balsamic Vinegar**

### **Balsamic Cream**

### **White Balsamic Cream**

### **Lemon Dressing**



## **TOMATO**

### **Tomato Peeled Whole**

### **Tomato Sliced (Concace)**

### **Tomato Paste**



## **BROTHS**

### **Vegetable Broth in Cubes**

### **Chicken Broth in Cubes**

### **Beef Broth in Cubes**



## **SAUCES**

### **Tomato Ketchup**

### **Mustard**

### **Mayonnaise**



## **BRINE**

### **Capers**

### **Baby Gherkins**

### **Sundried Tomato**

### **Mushrooms**

### **Green-Red Peppers**

### **Sliced Beetroots**

### **Stuffed Vineleaves**

# Beans



**Chick Peas Dry**  
**Split Peas Yellow Dry (Fava)**



**Navy Beans White Dry**  
**Butter Beans Dry (Gigantes)**



**Lentils Dry**

# Nuts & Fruits



**Halelnuts**  
**Almonds**  
**Walnuts**  
**Peanuts**  
**Cashew Nuts**  
**Mixed Nuts**



**Raisins Black**  
**Raisins Golden**  
**Dried Prunes**  
**Dried Figs**



**Quinoa**  
**Black, White, Red Tricolore**  
**Quaker Oats**  
**Muesli with Fruits**  
**Corn Flakes**



**Sesamy (Natural, Roasted, Black, without Shell)**  
**Sunflower Seeds**  
**Pumpkin Seeds**  
**Popcorn Raw**

# Salt, Spices & Herbs



**Tarragon**  
**Cinammon**  
**Coriander**  
**Turmeric**  
**Cardamon**  
**Cumin**  
**Nutmeg**  
**Bahari**  
**Cloves**  
**Curry**  
**Star Anice**  
**Ginger**  
**Cedar Seed**  
**Crocus Kozanis**  
**Mastiha**  
**Mahlepi**

**Paprika Smoked**  
**Sweet Paprika**  
**Hot Paprika**  
**Spicy Bucovo**  
**Sweet Bucovo**  
**Garlic Powder**  
**Onion Powder**

**Fish Spice Mix**  
**Meat Spice Mix**  
**Chicken Spice Mix**  
**Greek Salad Mix**  
**Tzatziki Mix**



**Oregano**  
**Rosemary**  
**Laurel**  
**Basil**  
**Spearmint**  
**Savory**

**Thyme**  
**Sage**  
**Lavender**  
**Tilio**  
**Hyssop**  
**Chamomile**

**Mountain Tea**  
**Mountain Tea**  
**with Mint**  
**St John's Wort**  
**Echinakeia**  
**Verbena**



**Thin, Medium, Thick Salt Mesologi**  
**Black Pepper Whole & Powder**  
**White Pepper Whole & Powder**  
**Pink Pepper Whole**  
**Green Pepper Whole**  
**Cayenne Pepper**  
**Pepper Mix Whole**

# Vegetables



**French Beans  
Green Peas  
String Beans  
Ocrá**

- Broccoli Florets**
- Spinach Leaves**
- Cauliflowers**
- Asparagus**
- Gabbage**
- Artichokes**
- Carrots**
- Onions**
- Zucchini**
- Peppers**
- Corn Kernerls**
- Mushrooms**
- Potatoes**
- Mixed Vegetables**



**Dill  
Chicory  
Celery  
Leeks  
Tomato**

# Pasta



- Spaghetti No2 (for Pastitsio)**
- Spaghetti No6**
- Spaghetti No7**
- Spaghetti No10**
- Linguine**
- Penne**
- Penne Tricolore**
- Pasta Elbow**
- Fusilli**
- Fusilli Tricolore**
- Selino**
- Conchiglie**
- Kofto/Ditali**
- Farfalle**
- Orzo Coarse**
- Semolina Coarse**



# Pastry



**Pita for Souvlaki**



**Puff Pastry**



**Fyllo Baklava  
Fyllo Kataifi**

# Cheese



**Feta Cheese PDO Greek  
White Cheese  
White Vegetable Cheese**



**Kasari Yellow Cheese PDO Greek  
Semi Hard Yellow Greek Cheese  
Kefalotyri White Cheese PDO Greek  
Hard White Greek Cheese  
Gruyere Yellow Cheese PDO Greek  
Gruyere Yellow Cheese**



**Edam Yellow Cheese  
Gouda Yellow Cheese  
Emmental Yellow Cheese  
Cheddar Yellow Cheese**



**Italian Hard Cheese  
Mozzarella  
Haloumi PDO Cyprus  
White Cream Cheese  
Philadelphia Type**



**Greek Strained Yogurt 100%  
Greek Strained Yogurt 100%  
with flavors**

# Ready Meals



## **Pastitsio**

Traditional Greek food with pasta, minced meat in red sauce and bechamel



## **Mousaka**

Traditional Greek food potatoes, eggplant, minced meat in red sauce and bechamel



## **Soutzoukakia with Rice**

Traditional Greek food of beef meatballs in red sauce and rice



## **Lahanodolmades**

Traditional Greek food of stuffed cabbage with rice & minced meat egg-lemon red sauce



## **Papoutsakia Eggplants**

Traditional Greek food of stuffed eggplants with minced meat in red sauce



## **Imam Eggplants**

Traditional Greek food of stuffed eggplants red onions in red sauce

# Fish & Seafood



**Seabass Whole**  
**Seabream Whole**  
**Sardines Fillet**  
**Anchovy Fillet**  
**Red Fish Whole**



**Hake Fillet**  
**Blue Shark Fillet**  
**Pangasius Fillet**  
**Salmon Fillet**



**Octopus Whole**  
**Octopus Tentacles**



**Shrimp Headless with Shell**  
**Mussel Meat**



**Squid Whole**  
**Squid Rins**  
**Cutterfish/Ink Fish Whole**

# Preserved Fish



**Sardines Whole Salted**  
**Anchovy Whole Salted**



**Cod Fish Whole Salted**



**Taramas White**  
**Red Taramas Fine Paste 15%**

# Marmalade & Sweets



**Marmalades**  
Strawberry  
Orange  
Apricot  
Cherry  
Peach



**Chocolate Syrup**  
Praline Spread  
Chocolate Syrup  
Cherry Syrup  
Caramel Syrup



**Spoon Sweets**  
Orange  
Bitter Orange  
Bergamot  
Cherry  
Sour Cherry  
Quince  
Grape  
Fig  
Rose Petals



**Honey**  
Blossom  
Thyme  
Forrest



**Tahini**  
Peanut Butter



**Halvas**  
with Vanilla  
with Cocoa  
with Almonds

# Fruit & Ice Cream



**Strawberries**  
**Peaches**  
**Blueberries**  
**Kiwi**  
**Bananas**  
**Avocados**  
**Pineapples**  
**Apples**  
**Apricots**  
**Cherries**  
**Sour Cherries**  
**Mango**  
**Forest Fruits**



**Chocolate**  
**Vanilla**  
**Strawberry**  
**Pistachio**  
**Caramel**  
**Banana**

# Coffee & Tea



**Coffee Greek**



**Coffee Instant**



**Coffee Ground (Filter)**



**Coffee Espresso**



**Tea**

# Beverages



**Orangeade**  
**Lemonade**  
**Gazosa**  
**Soda Water**  
**Cola**  
**RedBull**



**Orange Juice**  
**Pineapple Juice**  
**Apple Juice**  
**Tropical Fruit Juice**

# Join Us



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# Contact Us

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